## Special Dietary Requests - DISNEY AND UNIVERSAL STUDIOS

## DISNEY DIETARY REQUESTS:

The Walt Disney World food and beverage team is committed to offering a wide range of choices to accommodate Guests who require lifestyle dining options, as well as most specific requests from Guests with food allergies or intolerances. Note that in many cases, advance notice is required-usually at the time of your reservation. Whether dining at a table service restaurant or at a quick service restaurant, your desired dining requests will be addressed. Please call the Disney's Dining Reservation Center at (407) WDW-DINE or (407) 939-3463 to speak with a Cast Member. Guests under age 18 must have parent or guardian permission to call.

## Food Allergies and Intolerances

Walt Disney World Resort table service restaurants that accept reservations can accommodate most food allergies and food intolerances-such as gluten or wheat, shellfish, soy, lactose or milk, peanuts, tree nuts, fish or eggs. Please contact one of our representatives at 407-824-5967 once you have booked your dining reservations, at least 14 days in advance. Guests under age 18 must have parent or guardian permission to call.

If you have multiple allergies, please contact one of our representatives before you finalize your trip to Walt Disney World Resort to discuss your allergies, as we cannot guarantee we will be able to meet your requests. Please note we do not have separate kitchens to prepare allergen free items or separate dining areas for Guests with allergies to dine.

## Making a Special Dietary Request for Table Service Locations

To make a special dietary request, call the Disney's Dining Reservation Center at (407) WDW-DINE or (407) 939-3463. Guests under age 18 must have parent or guardian permission to call.

- Indicate to the Cast Member at Disney's Dining Reservation Center your special dietary requests.
- Know that your special dietary request will be noted by the Cast Member on your reservation.
- Write down the dining location phone number(s) that the Cast Member provides you, as well as your reservation number and the day and time of your reservation.
- Please contact one of our representatives at 407-824-5967 once you have booked your dining reservations, at least 14 days in advance.
- Please feel welcome to speak to the chef or manager on duty when you arrive at your dining location.


## Disney's Animal Kingdom theme park - Special Dietary Information for Quick Service and Counter Service Locations

The locations listed below have menu items or products that may meet many dietary requests:

- Restaurantosaurus
- Flame Tree Barbecue
- Harambe Fruit Market


## Disney's Hollywood Studios theme park - Special Dietary Information for Quick Service and Counter Service Locations

The locations listed below have menu items or products that may meet many dietary requests:

- Sunset Ranch Market
- Backlot Express
- Studios Catering Co. Flatbread Grill
- ABC Commissary
- Toy Story Pizza Planet


## Epcot theme park - Special Dietary Information for Quick Service and Counter Service Locations

The locations listed below have menu items or products that may meet many dietary requests:

- Liberty Inn
- Sunshine Season Food Fair


## Magic Kingdom Theme - Special Dietary Information for Quick Service and Counter Service Locations

The locations listed below have menu items or products that may meet many dietary requests:

- Cosmic Ray's Starlight Caf\é
- Pecos Bill Caf\é
- Main Street Bakery
- Toontown Farmer's Market
- Liberty Square Market
- The Pinocchio Village House

Kosher Meals

Most Walt Disney World Resort table service restaurants that accept reservations can accommodate Kosher needs if requested at least 24 hours in advance by calling (407) WDW-DINE or (407) 939-3463. Guests under age 18 must have parent or guardian permission to call.
We do require a credit card to guarantee this order, but we will not charge the card unless the reservation is canceled within 24 hours or the party is a no-show. A 48-hour notice is needed for table service restaurants at Walt Disney World Swan Resort, Walt Disney World Dolphin Resort, Yak \& Yeti Restaurant, and both Rainforest Cafe locations. Kosher meals are not offered at Garden View Afternoon Tea, Teppan Edo and Tokyo Dining.

Kosher Meals are available at the following Walt Disney World Resort quick service locations with no advance notice needed:

- World Premiere Food Court at Disney's All-Star Movies Resort Hotel
- Intermission Food Court at Disney's All-Star Music Resort Hotel
- Riverside Mill Food Court at Disney's Port Orleans Resort Riverside
- End Zone Food Court at Disney's All-Star Sports Resort Hotel
- Pizzafari at Disney's Animal Kingdom theme park
- Old Port Royale Food Court at Disney's Caribbean Beach Resort Hotel
- ABC Commissary at Disney's Hollywood Studios theme park
- Everything Pop Shopping and Dining at Disney's Pop Century Resort Hotel
- Cosmic Ray's Starlight Cafe at Magic Kingdom theme park
- Liberty Inn at Epcot theme park
- Electric Umbrella at Epcot theme park
- Artist's Palette at Disney's Saratoga Springs Resort \& Spa
- Gasparilla's Grill \& Games at Disney's Grand Floridian Resort \& Spa
- The Mara at Disney's Animal Kingdom Lodge


## Additional Information for Special Dietary Requests

If you need additional information regarding your special dietary requests you are welcome to contact us by email at special.diets@disneyworld.com or by telephone at (407) 824-5967 or visit Disney's website at http://disneyworld.disney.go.com/guest-services/special-dietary-requests/

## UNIVERSAL STUDIOS DIET ARY REQUESTS:

For the convenience of our guests with special dietary needs, we have chefs in residence at each of our full-service restaurants (Lombard's Seafood Grille and Finnegan's Bar \& Grill in Universal Studios Florida®, and Mythos Restaurant® and Confisco Grille® in Universal's Islands of Adventure $\left.{ }^{\circledR}\right)$ who can create meals customized to suit individual tastes and needs. In addition, the managers at any of our quick-service restaurants can assist with specific menu questions to help you select appropriate items during your visit.

For the convenience of our guests with gluten allergies, Monsters Café in Universal Studios Florida®, and the Thunder Falls Terrace in Islands of Adventure $®$, offer the following gluten-free options: roasted chicken; smoked chicken; smoked ribs; smoked turkey legs; roasted potatoes with onions, fresh herbs, salt, and pepper; roasted corn; baked potatoes; french fries cooked in canola oil; and salads.

In addition, our full-service restaurants serve gluten-free pasta, and food carts throughout the parks serve apples, oranges, grapes, watermelon slices. The lemon slush drinks and turkey legs available throughout the parks are also gluten-free.

If there are any specific questions please call Universal Studios at 1-(407) 224-4233.

